

Stay Healthy with **SNAP.**



You shouldn't have to choose between food and medication.

If you're struggling to make ends meet, SNAP may be able to help. You can use SNAP benefits to buy groceries at local stores. Special rules make it easier for more seniors to apply for SNAP.

Apply for SNAP

Apply online at myBenefits.NY.gov or in person at your local DSS (SNAP) office.

Get Help

If you need help, contact the Nutrition Outreach and Education Program (NOEP). NOEP Coordinators can answer your questions and help you apply for SNAP. It is free and confidential. Find your local NOEP Coordinator at FoodHelpNY.org



SNAP & Seniors
Professional Network
HUNGER SOLUTIONS NEW YORK

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