

# eWIC

## a new way to shop!

eWIC is a new way to shop with WIC benefits. eWIC includes a new electronic card that works just like a debit card. No more paper checks! The WIC2Go app makes shopping with WIC easier than ever.

### Get eWIC

- Visit [WICHelpNY.org](http://WICHelpNY.org) to learn if you may be eligible for WIC.
- Attend your first WIC Clinic Appointment.
- When you enroll in WIC, you will receive an eWIC card.
- Download the WIC2Go app from the Apple Store or Google Play.

### Use eWIC

- Shop for your WIC foods at WIC-approved stores.
- Scan foods on the WIC2Go app to see if they are WIC approved.
- Swipe your eWIC card at the register to pay for your WIC foods.

### Manage eWIC

- Buy food when it works best for you and your family.
- Unused benefits can be used at a later shopping trip within the same month. Just use all of your benefits before the end of your 30 day benefit cycle.
- Check your benefit balance from your phone on the WIC2Go app, on your receipt, or by calling the number on the back of your eWIC card.
- Save your card – you will reuse it each month.
- Keep your WIC Clinic appointments so you can continue to receive your benefits on time.

WIC provides nutritious food, breastfeeding support, nutrition education, and referrals to other services to pregnant women, new moms, and infants and children under 5.

Visit [WICHelpNY.org](http://WICHelpNY.org) to learn more, or call the Growing Up Healthy Hotline at 1-800-522-5006 and ask for help with WIC.



The new eWIC card!

