



# Child nutrition programs are vital to New York's kids.

**1 in 7 children are food insecure in New York,\*** meaning they lack consistent, dependable access to nutritious foods they need. Food insecurity hurts a child's health, ability to learn, and well-being. Federal nutrition assistance programs alleviate child hunger and improve health outcomes of low-income children. Hunger Solutions New York works to maximize the use of these programs and ensure all children have the nutrition they need to stay healthy and succeed.

### Child and Adult Care Food Program (CACFP)

Provides afterschool programs and childcare providers with reimbursement to serve healthy meals and snacks to children and teens in their care. Participating programs receive meal planning guidance, training, and more.

**Visit [AfterschoolMealsNY.org](https://AfterschoolMealsNY.org) or [ChildcareMealsNY.org](https://ChildcareMealsNY.org)**

### Community Eligibility Provision

Allows schools with high percentages of low-income students to offer free breakfast and lunch to all students. Significantly reduces administrative work and increases school meal participation.

**Visit [SchoolMealsHubNY.org](https://SchoolMealsHubNY.org)**

### School Breakfast Program

Provides a nutritious morning meal to students in schools across the state. Students who eat school breakfast show improved cognition and memory, and are more likely to arrive at school on time and be attentive in class.

**Visit [SchoolMealsHubNY.org](https://SchoolMealsHubNY.org)**

*\*Feeding America, 2020*

### The Special Supplemental Nutrition Program for Women, Infants and Children (WIC)

Provides eligible pregnant women, new and breastfeeding mothers, and children under age five with healthy food, breastfeeding support, nutrition education, and referrals to other services. Dads, grandparents, and primary caregivers can apply for children in their care.

**Visit [WICHelpNY.org](https://WICHelpNY.org)**

### Summer Food Service Program

Provides free meals and snacks to children in eligible communities during the summer months through a network of local sponsors and meal sites such as parks, libraries, and schools.

**Visit [SummerMealsNY.org](https://SummerMealsNY.org)**

### Supplemental Nutrition Assistance Program (SNAP)

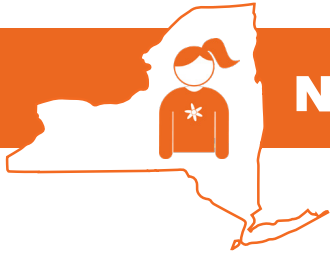
Provides eligible children and their families with benefits to purchase food each month. SNAP reduces the risk of food insecurity and developmental delays among children, and has been shown to keep families out of poverty.

**Visit [FoodHelpNY.org](https://FoodHelpNY.org)**



[HungerSolutionsNY.org](https://HungerSolutionsNY.org)

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# New York's kids are struggling with hunger.

**596,060 children—1 in 7—are food insecure.**

*Feeding America, 2020*

**2 million students qualify for free or reduced-price school meals.**

*NYSSED, 2020*

**Households with children are more likely to be food insecure.**

*USDA, 2019; Feeding America, 2019*

## Federal nutrition programs reduce hunger & improve children's health.

### SNAP

**34% of SNAP recipients are children.**

SNAP lifts 218,000 NY children out of poverty.

They are more likely to be in good health and are at a lower risk of developmental delays.

*USDA, 2020; CBPP, 2023*

### SFSP

**287,000 kids** eat lunch & 185,000 kids eat breakfast through the Summer Food Service Program (SFSP).

*Hunger Solutions New York, 2020*

### WIC

**410,000 infants, children, and pregnant mothers** receive benefits from WIC.

*USDA, Jan 2023*

### CACFP

**126,000 kids** participate in CACFP's At Risk After School Snack/Supper Program.

*NYSDOH, 2020*

### SCHOOL BREAKFAST

**904,662 children** participated in the School Breakfast Program each day—an increase of 15% compared to the 2018-2019 SY—when meals were free for all students.

*FRAC, 2021-22 School Year*

**But many kids miss out on the nutrition they need.**

### missing school meals

**726,000 students** lost access to free school meals when federal waivers expired in the 2022-2023 SY across 1,954 schools.

*Hunger Solutions New York, 2022*

### missing supper

**Only 6.1% of students** who eat free or reduced-price school lunch also receive a CACFP afterschool supper.

*FRAC, 2020*

### missing lunch in summer

**Only 25% of kids** who eat free or reduced-price school lunch eat lunch through the SFSP.

*Hunger Solutions New York, 2020*

### missing nutrition in early childhood

**Only 50.4% of eligible women, infants and children** participate in WIC.

*NYSDOH, 2019*