

# Fuel Learning with Afterschool Meals



The Child and Adult Care Food Program (CACFP) provides funding for healthy food in eligible afterschool programs, so kids can stay focused and engaged beyond the school day. CACFP is federally funded and administered by the NYS Department of Health (NYSDOH).

## Who is Eligible

Schools and community-based organizations can apply for CACFP's At-Risk Afterschool Snack/Supper component to receive reimbursement for healthy meals and snacks.

To qualify, a program must:



Be located within the attendance area of a school where 50% or more of the students qualify for free or reduced-price school meals.



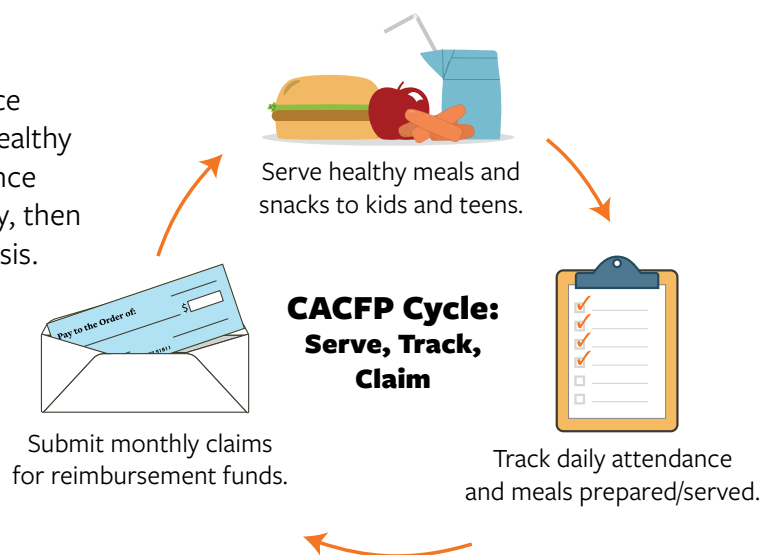
Provide educational or enrichment activities; examples include tutoring, computer classes, arts and crafts, or recreation programs.



Be organized primarily to provide nonresidential care for children 18 and under after school or on weekends, holidays, or school breaks during the regular school year.

## How It Works

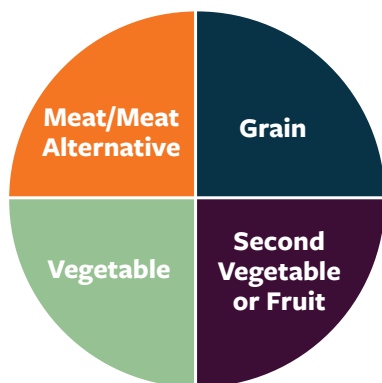
CACFP is a reimbursement program; once approved, afterschool programs serve healthy meals and snacks, keep track of attendance and how many meals they serve each day, then request reimbursement on a monthly basis.



Reimbursement rates are updated each year; visit [AfterschoolMealsNY.org](https://www.afterschoolmealsny.org) for the current rates.

## Meal & Snack Requirements

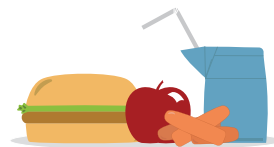
To receive reimbursement, meals must include five components and snacks must include two:



Fluid  
Milk

### Sample Meal:

Grilled chicken sandwich on a whole grain bun with carrot sticks, an apple, and 1% milk



### Sample Snack:

Hummus, cucumber slices, and water



NYSDOH helps afterschool programs develop menus that follow CACFP requirements and meet the needs of students and staff. Programs can choose to prepare food in-house in suitable facilities, or purchase meals and snacks from a food service vendor or school district.

## How to Apply

Contact NYSDOH: call 518-402-7400 or email [cacfp@health.ny.gov](mailto:cacfp@health.ny.gov) with the subject line “Outreach Coordinator.”

For afterschool programs located **inside a New York City public school**, apply through the NYC DOE Office of School Food: [bit.ly/NYCDOE-food](https://bit.ly/NYCDOE-food)

You may apply any time of year, even if your program is already underway. To learn more, visit:

- NYSDOH CACFP website: [health.ny.gov/prevention/nutrition/cacfp/](https://health.ny.gov/prevention/nutrition/cacfp/)
- NYSDOH CACFP prescreening tool: [forms.ny.gov/s3/cacfp](https://forms.ny.gov/s3/cacfp)

## Hunger Solutions New York Can Help

We work one-on-one with schools and programs to determine eligibility, answer questions, and walk through the application process. Email [CACFP@HungerSolutionsNY.org](mailto:CACFP@HungerSolutionsNY.org) for assistance.



Learn more at

**AfterschoolMealsNY.org**